



Paice Street, Bridgewater

Phone: 03 6263 6482

Email: [stpauls@catholic.tas.edu.au](mailto:stpauls@catholic.tas.edu.au)

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## WHAT IS LENT?

Lent is a 40 day season of preparation before Easter. It is a time where we are asked to reflect on our lives and on our relationship with God and others. Lent begins with Ash Wednesday and finishes during Easter week. The forty days are symbolic of the 40 days Jesus spent in the desert.



*Did  
You  
Know?*

*Why we eat pancakes on Shrove Tuesday, the day before Ash Wednesday?*

Traditionally, Christians gave up meat, fat, eggs and dairy products for Lent. Shrove Tuesday was the last chance to use up some of these foods before Lent begins.

*Why we receive ashes on Ash Wednesday?*

The ashes that are placed on our forehead are a symbol of our mortality and a sign of sorrow and repentance. The ashes come from burning the palms from Palm Sunday of the previous year.

*What can we "give up" or "sacrifice" during Lent?*

It may be doing without something we enjoy, like chocolate or sugar. It may also include trying harder to help others. Many children give up things like lollies, ice-cream, TV or the computer. Often, this is hard for young children to do for the whole of Lent so they could try to give something up for a week at a time.

## ✠ Lenten Fast Facts ✠

- \* *The Liturgical color for Lent is purple.*
- \* *During Lent we are asked to support the work of Caritas through our contributions to Project Compassion.*
- \* *We do not say the "Alleluia" verse in Masses during Lent*

## THE THREE ASPECTS OF LENT

**PRAYER:** During Lent, we are asked to try to find time in our busy lives to stop, reflect and pray.

• **FASTING:** In the past, Catholics were expected to abstain or give up meat every Friday during Lent. Now, there are only two days when this is required: Ash Wednesday and Good Friday. The whole idea of fasting and making sacrifices or "giving things up" is a way to try to simplify our lives a little and to discover what truly matters.

• **ALMSGIVING:** During Lent we "give alms" or donate money to those in need. One way schools do this is through Project Compassion. Each classroom has a Project Compassion box where students can support children in other countries, perhaps by giving up some of their own coins. Families could also have a Project Compassion box at home to remind them of their commitment to those less fortunate.

### Living Lent in your family - some suggestions:

- \* Pray as a family - at mealtimes, at bedtime.
- \* Place a candle/cross on the table or in a special place in your home.
- \* Encourage your children to "give up" something or to help others
- \* Contribute as a family to Project Compassion or other charities.



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*Loving God, each year you invite us to reflect on the quality of our lives.*

*Give us the wisdom of your Spirit that we may know and follow the way that leads to fullness of life.*

*We ask this in Jesus' name confident that you will hear us.  
Amen*

Dear parents and carers,

It is already week five of term one, 2023 and we are very busy ensuring the students are focusing on their learning. St Paul's has joined the Catholic Education Initiative - Insight into Learning. All staff have attended professional learning and are engaging with other teachers from our system. Miss Crawford (Year 3) and Mrs Williams (Year 1) will take on the roles of Instructional Leader Teacher Practice and will be engaging with instructional coaches throughout this year to continue to develop their pedagogical knowledge and understanding about the Science of Learning and to put it into practice in their classrooms. We are so excited to see the outcome of these changes in our practice.

We have made a few changes this year:

- "active uniform" - all students are allowed to wear their sports uniform each day
- students can wear the formal uniform in 2023
- Newsletter regularity will depend on the communication survey responses (see link on page 6)
- Children will be sent to 'RETHINK' for behaviour violations and parents contacted with the Rethink form sent home
- School assemblies will be twice a term only
- Children's birthdays will be called over the PA on their actual birthday. Only children present at school will receive small gifts (except for illness). Weekend birthdays will be announced the following Monday.
- Awards will be given for SAFE, LEARN and RESPECT
- Children with a 95% attendance record will be rewarded at the end of each term.

Last week we had the pleasure of commissioning our new student leaders for 2023. Congratulations to all our leaders, I know that you will all continue to display our school values and expectations. I was truly inspired by the high quality speeches they prepared and delivered.

With every blessing,

Mrs Jo Clark



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## for Project Compassion

Donate a toy (no guns), book, puzzle, or game that is still in good condition but is no longer played with.

## Bring a GOLD COIN to buy a new toy

**When: Friday 10th March 2023**



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DO YOU HAVE A CHILD BORN IN 2019?

# KINDERGARTEN 2024

Applications are open!

Contact us on 6263 6482

or email

[stpauls@catholic.tas.edu.au](mailto:stpauls@catholic.tas.edu.au)





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## 2023 Leaders

Last Tuesday, we held a Commissioning Mass for the new school leaders for 2023. It was great to see how proud each of the new leaders were to receive their badges and be recognised for their leadership experience and potential. We congratulate each and every one of them and look forward to working with them to improve our school. All leaders will be part of our School Representative Council.

Each leader recited the leadership pledge:

*We, the leaders of St Paul's Catholic Primary School, promise to lead to the best of our ability.  
We will set a good example for others in the playground and classroom and out in the community.  
We will be honest, caring and generous towards our peers.*

Schools Captains: Alieria Denholm and Ollie Pearson

Year 6 Class Captains: Finlay Webb and Ethan Connolly

Rice House Captains: Kailee Rose and Parker Matthews

McAuley House Captains: Ethan Allen and Nevaeh Lackington

Sheedy House Captains: James Stanley and Danikah Flakemore-Percey

Year 5 Class Captains: Bonnie Green and Adelayde Gill

Year 4 Class Captain: Khloe Collidge

Year 3 Class Captain: Kobi King





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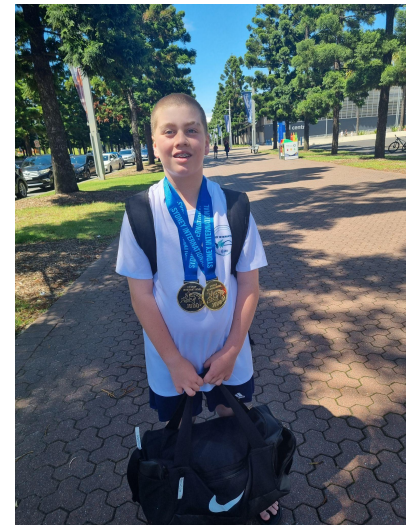
## Communication Survey

At St Paul's we want to communicate information to you in the most efficient, convenient and timely manner. We ask all families if possible to fill out a survey by following the link below. There will be a randomly selected prize of a \$50 gift voucher to someone who completes the survey. Thank you in advance for completing this survey.

<https://forms.gle/mzt8UgLdsuP8UzqC7>

### **Congratulations Mitch!**

Congratulations to Year Six student, Mitch Irwin, on winning 2 gold medals at the Sydney Judo International Open.



## **ASSEMBLY NEXT WEEK**

St Paul's will host its first whole school assembly for 2023 next Friday (10th March) from 9am in the hall. Parents are welcome to attend if they wish.

## **SOCCER TOP COMPETITION**

Thank you to all students who designed a new St Paul's Strikers soccer top over the past few weeks. Mrs Clark was very impressed with how creative our students were. Every student should be incredibly proud of themselves for submitting their designs. The winning design will be announced at next week's assembly and will receive 2 children's movie tickets, 2 adult movie tickets, a FREE soccer top with number 1 and FREE registration for school soccer for the rest of their time at St Paul's.



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## Grade 6 Excursion

Last Friday, 24th February, Year 6 embarked on their Leadership day, sponsored by the Sisters of Mercy. Starting at 8:00am, students were eager to get on the road. We stopped at Huonville then Franklin and had a play and Morning Tea. Once we got to Tahune, we scrambled up to the Airwalk first where the students had the opportunity to conquer their fears and experience walking 50m above the forest floor. After this we walked the Huon Pine Path where students listened to the sounds of the forest while walking in silence to let our senses run wild. After making our way back to the buses, we journeyed to Sacred Heart, Geeveston. At Geeveston, we caught up with former Deputy Principal, Annie Baker and were shown the beautiful grounds of her new school by the Sacred Heart 5/6 classes. Students were given an extra treat at the Geeveston Lolly Shop where Sr Carmel bought a treat for each student to congratulate them on a great day. We wanted to thank Sr Carmel and the Sisters of Mercy for sponsoring what was an amazing day. Grade 6 also wanted to thank Annie Baker and the 5/6 students and teachers of Sacred Heart School Geeveston for their gracious welcome and the fun we had touring their school.







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## Ludo



### Early Learning for 3 to 5 year olds



Ludo is a CatholicCare service delivered in partnership with Catholic Education Tasmania at Catholic primary schools.

### Ludo offers:

- A play-based education program.
- Ludo is open 7am to 6pm, 50 weeks a year, including school terms and holidays.
- Children can be enrolled for short days or full days.\*
- Indoor and outdoor learning spaces.
- Before and After Kinder care.
- Opportunity to access CatholicCare Tasmania's broad spectrum of social and support services, including counselling, family support and parenting programs.
- Ludo welcomes all children and families, regardless of the primary school your child will attend.

\*Short days: 8.30am - 3pm. Full days: 7am - 6pm.

**To enrol your child in Ludo,  
call 1300 119 455, visit [ludo.org.au](http://ludo.org.au),  
or email [ludo@aohtas.org.au](mailto:ludo@aohtas.org.au)**



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## Project Compassion

Coming home this week is our Caritas Project Compassion boxes for 2023. Each year for Lent we focus on turning back to God through Fasting, Almsgiving and Prayer. In the last couple of weeks, both Grade 6 and Grade 1 have organised fundraisers to contribute to the Caritas appeal. We are raising money for people like Tereesa, a Gamilaroi woman from Western Sydney who struggled with homelessness while raising her four children. Through the Baabayn Young Mums and Bubs Group, Tereesa was able to reconnect with her culture and create a better future for her children. Through the fundraising of people like us, groups like Tereesa's can thrive and help those less fortunate than ourselves. **Please make sure your boxes return to your child's teacher on the 5th of April.**



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## SACRAMENTAL PROGRAM

### Preparation for the Sacrament of Reconciliation

A meeting for parents of children from Grade 3 to Grade 6, who wish to be part of the program will be held on MONDAY, MARCH 13th at 7.00pm at St Paul's Church.

For further information please contact Sr Carmel - 6263 6939 (home).

Sr Carmel is also available for Baptism preparation.

### Upcoming Events

<u>Date</u>	<u>Event</u>
Tuesday, 7th March	St Pat's visit to St Paul's (Year 6)
Thursday, 9th March	St Paul's Swimming Carnival
Friday 10th March	Assembly - 9 am Project Compassion Toy swap (Year 1 to lead)
Monday, 13th March	PUBLIC HOLIDAY (NO SCHOOL)
Wednesday 15 -24th March	NAPLAN (Year 3 & 5)
Friday 31st March	STCPSSA Swimming Carnival
Sunday 2nd - Sunday 9th April	HOLY WEEK
Thursday 6th April	End of Term Assembly
Friday 7th April - 21st April	SCHOOL HOLIDAYS
Monday 24th April	Pupil Free Day
Tuesday 25th April	ANZAC DAY - Public Holiday (No School)
Wednesday 26th April	First day of Term 2