



*The
Season
of
Lent*



Loving God, each year you invite us to reflect on the quality of our lives.

*Give us the wisdom of your Spirit that we may know and follow the
way that leads to fullness of life.*

We ask this in Jesus' name confident that you will hear us.

Amen

Dear Parents and guardians,

Yesterday was Ash Wednesday and the start of the Lenten season. May we all take time during Lent to thank God for everything we have and to be grateful for the love, security and care that we have with our family and friends. May we also take time to pray for peace in Ukraine and ask that the people find security, freedom and a future for their families.

I would like to personally thank you all for your patience, understanding and support during these challenging COVID times at St Paul's. Thank you for listening to and following the directions we have been given from Public Health and taking the time to test your children as required. I understand that the testing regime is not nice for children to do so thank you for enduring the tears to help keep everyone safe. We hope that the worst is behind us and we can move forward with the remainder of the term full of fun, laughter and learning.

On Tuesday, and some classes on Thursday, we will be engaging in remote parent/teacher conversations. Thank you to everyone who has organised a time to communicate with your child's teacher. These conversations are valuable for the teacher to get to know your child's likes, dislikes, learning styles and interests. Mrs Turner will be contacting you in the next few days to ask if you would prefer telephone or zoom. Please ensure these conversations are no longer than 10 minutes so we can keep all appointments. If you need longer the teacher can return your call at another time.



On Wednesday 9th March at 12 noon we will be commissioning our school leavers during our beginning of year Mass in the church. Year 6 parents are invited to join us.

Ludo has started in our Early Learning Centre and our 3 - 5 year olds are having a wonderful time exploring their surroundings and joining in with our Kindergarten students. Ludo is open to all children 3 - 5 years and open from 7am - 6pm Monday to Friday all year long.

SetUp for Success will recommence on Friday, 11th March. Karla will send further details out at the end of this week. All families with young children are welcome to attend. It is a great community initiative and it will be good to have our regulars back with us.

We are now taking Kindergarten enrolments for 2023, if you know of a child who will turn 4 in 2023 and is looking for a great place to begin their learning journey then please get enrolments in as soon as possible. Last year we filled up before the end of the year and still have a waiting list for concurrent years. Enrolment packs are available from the office.

Parents with students in year 5 should also be thinking about high school for 2024 and beginning to make enquiries. Our Catholic High Schools fill up very quickly and priority is given to students from Catholic Primary schools but only if your applications are in on time this year. If you have any questions or are unsure of the process please do not hesitate to see myself or Mrs Turner.

With every blessing,

Mrs Jo Clark
Principal
jo.clark@catholic.tas.edu.au



Hello St Paul's Families,

On Wednesday we celebrated Ash Wednesday, the start of the Season of Lent. Father Leo and I were able to visit each classroom and distribute ashes to every student. It was a wonderful opportunity for the children to see Father Leo again as we have not had many chances this year. The tradition of placing ashes on the forehead goes back centuries and reminds us of the love that Jesus has for each and every one of us. Here are some of our smiling faces showing off their ashes.



With the start of Lent, we also start our part of Caritas Australia's Project Compassion, raising money for the poor and disadvantaged around the world. Students were given small donation boxes to fill at home and each classroom has a larger box for more opportunities to donate. Last year I was impressed with the amount that St Paul's was able to raise for this amazing cause. I am looking forward to our continued dedication to this program.





WHAT IS LENT?

Lent is a 40 day season of preparation before Easter. It is a time where we are asked to reflect on our lives and on our relationship with God and others. Lent begins with Ash Wednesday and finishes during Easter week. The forty days are symbolic of the 40 days Jesus spent in the desert.



*Did
You
Know?*

Why we eat pancakes on Shrove Tuesday, the day before Ash Wednesday?

Traditionally, Christians gave up meat, fat, eggs and dairy products for Lent. Shrove Tuesday was the last chance to use up some of these foods before Lent begins.

Why we receive ashes on Ash Wednesday?

The ashes that are placed on our forehead are a symbol of our mortality and a sign of sorrow and repentance. The ashes come from burning the palms from Palm Sunday of the previous year.

What can we "give up" or "sacrifice" during Lent?

It may be doing without something we enjoy, like chocolate or sugar. It may also include trying harder to help others. Many children give up things like lollies, ice-cream, TV or the computer. Often, this is hard for young children to do for the whole of Lent so they could try to give something up for a week at a time.

✠ Lenten Fast Facts ✠

- * *The Liturgical color for Lent is purple.*
- * *During Lent we are asked to support the work of Caritas through our contributions to Project Compassion.*
- * *We do not say the "Alleluia" verse in Masses during Lent*

THE THREE ASPECTS OF LENT

PRAYER: During Lent, we are asked to try to find time in our busy lives to stop, reflect and pray.

• **FASTING:** In the past, Catholics were expected to abstain or give up meat every Friday during Lent. Now, there are only two days when this is required: Ash Wednesday and Good Friday. The whole idea of fasting and making sacrifices or "giving things up" is a way to try to simplify our lives a little and to discover what truly matters.

• **ALMSGIVING:** During Lent we "give alms" or donate money to those in need. One way schools do this is through Project Compassion. Each classroom has a Project Compassion box where students can support children in other countries, perhaps by giving up some of their own coins. Families could also have a Project Compassion box at home to remind them of their commitment to those less fortunate.

Living Lent in your family - some suggestions:

- * Pray as a family - at mealtimes, at bedtime.
- * Place a candle/cross on the table or in a special place in your home.
- * Encourage your children to "give up" something or to help others
- * Contribute as a family to Project Compassion or other charities.

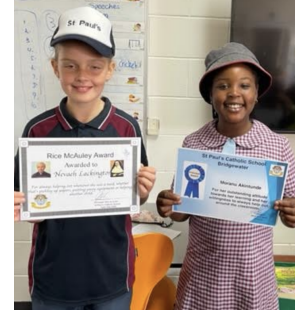




Rice McAuley Award

This award is given to a student who goes above and beyond in some way at school. They follow the charism of the Sisters of Mercy and Christian Brothers in their words and actions.

This week the award recipient was **Nevaeh Lackington** for always responding to any need no matter how small whether that be picking up a paper or helping another child. Congratulations Nevaeh, you should be very proud of yourself.



Principal Awards

Congratulations to the following students who received the Principal's award:

Prep: Rylan Baldock-Burns

Year 1: Chase Mundy

Year 2: Zara Palihakkara

Year 3/4R: Mackenzie Startup

Year 3/4B: Gemma Gallagher

Year 5: Moranu Akintunde

Year 6: Sebastian Brockman



Mercy Merits

Congratulations to our Mercy Merit recipients. Students receive Mercy Merits from a staff member at any time of the day when they are caught abiding by our three expectations –SAFE, RESPECT, LEARN. The teachers keep a check on the totals received and rewards are given at 10, 20, 30, 40, 50, 75 and 100.





Paice Street, Bridgewater

Phone: 03 6263 6482

Email: stpauls@catholic.tas.edu.au

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St Paul's Catholic School

KINDERGARTEN

2023

Applications close
Friday 6th May
2022



Phone: 6263 6482

Stpauls@catholic.tas.edu.au

**Paice Street, Bridgewater
TAS 7030**



**ENROL
NOW!**



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St Paul's Catholic School

Fridays 9-10.30am
(during school terms)

In the Early Learning Centre

Open to all families in the community with
a child aged birth to five years.



What to bring:

gold coin donation appreciated - healthy snacks for your child
clothing suitable for outside play - a hat and drink bottle

For more information please find our Facebook group
"Setup for Success @ St. Paul's Catholic School"



Ludo Early Learning

Ludo administration and school staff have been inundated with requests of information about the Ludo Early Learning program. Ludo would like to pass on the most effective ways to make contact regarding information particularly in relation to enrolment.

To contact Toni in admin via email please do so by emailing Ludo@aohtas.org.au or by telephoning: 0457 499 486 or on the land line on 62086012. If the line is busy, please leave a message and Toni will get back to you. When leaving a message, please ensure that you leave your name, your child's name and the Ludo service for which your inquiry is regarding. As there are now 6 Ludo services in total, this will make the search for your account a more speedy one if you are an existing family, and for our new families, Toni will be able to bring up the waitlist and vacancies for that service in order to give you current information about availability.

Enrolment forms can be sent to you electronically, so that you can type directly into the spaces provided, and they can also be printed out so that you can hand write and email them back. The direct debit form will need to be printed and completed by hand and returned by email. The school office/Ludo space also have copies of these documents for you to collect if that option is easier for you.

Thank you for your interest and support of our Ludo program.

Outside School Hours Care

Catholic Care Tasmania provides after school care at St Paul's Catholic School each day. Please see the Facebook page to register for Friday as an additional day. Care is available each school afternoon until 6.00pm. Please contact Catholic Care Tasmania to register.

Drop Off/ Pick up

Just a friendly reminder that when you are using the drop off or pick up zone you **MUST** remain with your vehicle. Thank you for your understanding.

Uniform Shop

Uniform shop orders will only be filled Tuesday - Thursday. The QKR app is recommended for the purchasing of uniform items. Exchanges for sizing can be made by sending the item to the office with a note explaining what is required. If QKR is not an option for you, purchases can be made over the phone through the school office, or alternatively an appointment can be made in the uniform shop.

St Paul's Catholic School Palette



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Upcoming events

Date	Event
Tuesday 8th March	Parent/ teacher conversations
Monday 14th March	Public Holiday - Eight Hours Day
Tuesday 15th March	Year 6 with St Pat's
Wednesday 16th March	St Paul's Swimming Carnival
Friday 25th March	STCPSSA Swimming Carnival
Tuesday 29th March	School Photos
Thursday 14th April	Last day of Term 1

Year 7, 2024 Twilight Tours & Information Night

Monday 28 March - 5pm
Savio Centre - Dominic College

Kindergarten to Year 10 on one campus

To book your place please contact the College Registrar on 6274 6010
or book online at <https://www.dominic.tas.edu.au/enrolment/school-tours-1>

204 TOLOSA STREET GLENORCHY | 6274 6000
www.dominic.tas.edu.au

Find us on  

**DOMINIC
COLLEGE**



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The Asthma Toolkit – now updated. Order FREE copies!

Asthma Australia's latest edition of the handy Asthma Toolkit contains a set of the must-have resources for people with asthma:

- Asthma Action Plan
- Asthma Basic Facts brochure
- Things to Ask and Tell Your Doctor brochure
- Medications and Devices brochure
- Asthma Emergency wallet card
- Asthma First Aid fridge magnet
- 1800 ASTHMA calling card

To receive a FREE Toolkit email jtyler@asthma.org.au or call 03 9086 7866.



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loui's van

Food, information & support

Bridgewater/Gagebrook Change of Service

Monday Night:

Stop 1: Gagebrook:

Community Centre,
Lamprill Circle
7:00pm to 7:20pm

Stop 2: Bridgewater:

Community Centre
Bowden Drive
7:25pm to 7:45pm

Wednesday Night:

Stop 1: Gagebrook

Community Centre
Lamprill Circle
7:00 to 7:20pm

Stop 2: Bridgewater

Civic Centre (Car Park)
Green Poin Road
7:25 to 7:45

**What: Free Sandwiches, Soup, Bread, Pastries and sometimes hot meals
etc. Come by and say hello!**



St Vincent de Paul Society
TASMANIA
good works

St Paul's Catholic School Palette



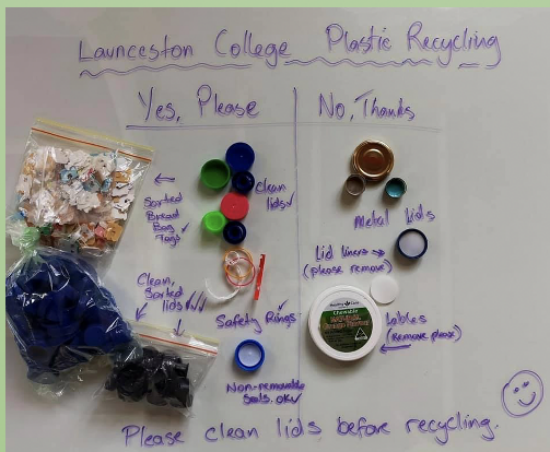
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Please collect lids for
Tops for Pots
the Launceston College
recycling program.



The students turn these lids...



...into these pots!



Donations of washed and clean lids can be taken
straight to Launceston College or to
The Jesse Tree in South Hobart.
(Mrs Annear will collect any from school and deliver them)

Tops for Pots

Thank you to everyone who donated lids last year for this recycling program. We washed and sent away 3 shopping bags full of lids and bread tags!

Even the smallest effort makes a difference.

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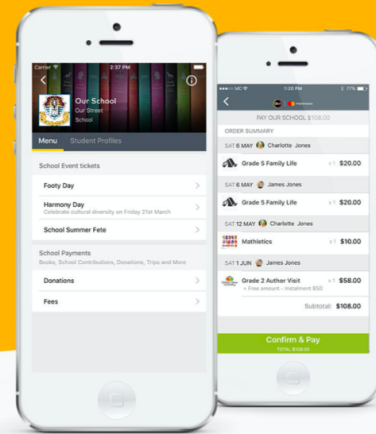
masterpass

For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

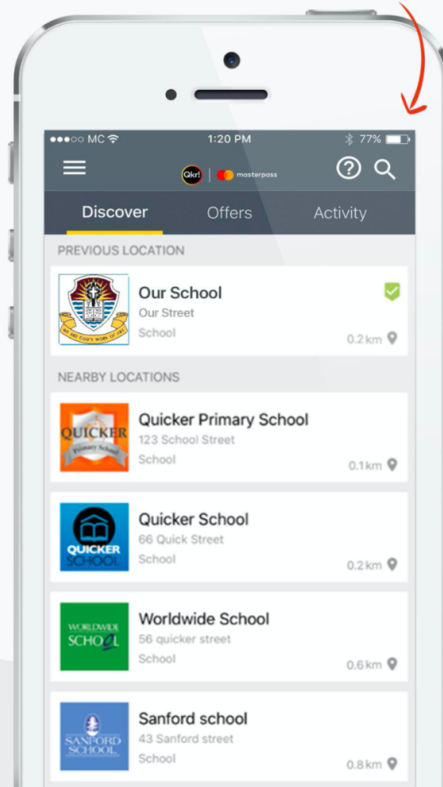
Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

Search for our school name





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Complementary Therapies - Online

Programs for when you are staying at home



Cancer Council Tasmania offers a range of complementary therapies online to support those impacted by cancer.

These programs are free and are available to Tasmanians with a cancer diagnosis, carers and those bereaved by cancer - please contact us for more information about eligibility and registration.

Sessions run at various times and include

- ♦ Mindfulness
- ♦ Tai Chi
- ♦ Yoga
- ♦ Pilates



For more information or to speak with a member of our support team, please call Cancer Council Tasmania on 1300 65 65 85

