



St Paul's Catholic School Palette



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Where do you focus?

Sometime ago I travelled south for a few weeks and got caught in the chaos that has affected air travel, especially in the southern states. Between an airline not running, engineering problems with a plane from another airline, bad weather and pressure from the beginning of school holidays, the homeward trip was a mess, beginning at Melbourne airport. There the queue for the Baggage Drop went back from the Domestic terminal right into the International terminal! What was amazing was how calmly and politely the overwhelming majority of people took the inconvenience in their stride. Amongst the hundreds of people, the number of people who made an unpleasant fuss could have been counted on one hand. Yet what was really amazing was how little attention those people were given. Everyone, but especially the staff, just got on with being calm and making the best of a difficult situation. I marvelled at what a difference such a focus can make.

In the ordinary challenges and circumstances of life, if we chose to focus on what is negative, we will become people who give out negativity: whingers and unhappy complainers. But if we make the best of a situation and try to find what is good, we will be happy and spread that happiness. At the heart of the Christian faith is the belief that not only has God created a good world but that God's grace and power can bring goodness even out of profoundly sinful situations. We allow that divine power to work in our lives by what we chose to focus on. In life, in love and in relationships, we can only build on good. Focus on the good and then you will have the power to deal with the difficult challenges.

Loving God, you have made our world and each of us in love and goodness. When life is difficult and challenging, send us your Spirit so that we may be channels of Jesus' life-giving power and love. We ask this in his name confident that you will hear us.

Sr Kym Harris osb



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Dear Parents and Carers,

We have had a busy few weeks and we thank you for your support. Last Friday we had an amazing turn out to our Blokes Breakfast BBQ celebrating the role that men play in the lives of our young students. We thank everyone who came as well as Nashwan, Naomi, Colleen and all the staff who helped make this morning a great success. We thank you for your creative hair designs as well as your kind donations towards our Works of Mercy and Tanks-a-lot. These are charities that are close to Sr Carmel's heart and it is a privilege to be able to support her in these works to help people less privileged than we are. We raised over \$500.00. THANK YOU.

This week is Cyber Awareness Week so please take time to read the information at the end of the newsletter and use this week to start the important conversations with your children about being cyber aware and cyber safe.

Next week all classes will be participating in our 'Circle of Life' program. This program provides a Catholic approach to relationships and sexuality education as part of our Health & Physical Education learning area of the Australian Curriculum. This program is targeted at children's development level. We have sent home information for parents and ask that you sign and return the slip attached. Monique Hall, the facilitator, will be in our school all week so if you have any questions, please do not hesitate to contact her. This is also a great opportunity to follow up at home and encourage discussion about this important area of your child's development.

Choices continues this week with the second rotation. Once again thank you to everyone who has volunteered to take groups and make this initiative a great success. It is wonderful to hear the children eagerly wanting to go to their group and then to hear their excitement as they share with friends what they have achieved in their group.



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NAPLAN individual Student Reports have been sent home. This year was the first year that all Tasmanian school students did their testing online. If you have any questions about the reports please see your classroom teacher.

There have been a few changes to our school community calendar for the last week of this term. Please keep an eye on it on our webpage.

With Every Blessing,

Jo Clark

Principal

Congratulations

Congratulations to all our class award winners last fortnight. Well done each and every one of you.

Recycling

Please start collecting your lids and pop them in the box in the office. These lids will be converted into things like prosthetics for kids. If you have any questions please see Mrs Terri Smith.

Grade 7 Enrolments 2021

A reminder to our Year 5 families that our Catholic Colleges have their 2021 Grade 7 enrolments open at the moment but close on Friday 13th September. You may have seen flyers about open days and other events. I would encourage families to make contact with the colleges asap. If any families are still unsure about enrolments please do not hesitate to chat with your class teacher, Mr Morgan, Ms Whitehead or Mrs Clark.



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Term Three Upcoming events:

Thursday 5 th September	Kinder to Simmons park
Fridays	Yr 5/6 afternoon footy & netball continues Friday 6th – Footy BYE
Thursdays	Choices continues
Friday 6 th September	Year 3/4 Sports Day - Dominic
Tuesday 10 th September	Assembly – Year 1 to lead
Friday, 27 th September	Last Day – Term 3
Monday, 14 th October	First Day - Term 4

Little Learners FREE Big Fun Day!



Brighton Civic Centre

Thursday 19th September 2019

9:30am-11:30am



A performance and workshop by Small Stories!



yummy morning tea!





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Catholic Education

Cyber Awareness Week

2nd - 5th September

Screen Smart Parent Tour: facts and tips

Social media

Fact: On average, children aged 10 to 14 years have 2 active social media accounts

1. Talk regularly with your child about privacy settings on social media. Updating your own privacy settings sets a great example and helps you understand potential safety issues. Be aware of any minimum age requirements.
2. Keep your ears and eyes open. Other parents and the media can be a great source of information when it comes to the latest or most preferred app.
 2. Let your child know that you're really interested in how they're connecting with friends. They might be more inclined to talk openly about social media if you talk about what others (their friends and peers) are doing online.

Screen time

Fact: On average, outside of school, 10 to 14 year olds spend 23 hours online per week

1. Try to encourage positive screen time, like content that you can view and enjoy together. Discourage anything that is overly aggressive or disrespectful.



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2. Negotiate key rules together, such as when screens can be on and when they need to be turned off. Young teens are likely to respond better to rules that they've contributed to and see as being fair and consistent.
 2. Agree ahead of time on the rules and strategies to get your child to switch off from the screen. With gaming, think about a timer that signals that game time is nearly over and be clear about the consequences for not switching off.

Personal information

Fact: 12% of 10 to 14 year olds share personal information online

1. Get your child on side with online privacy by exploring how their personal information can be used now and in the future.
2. If you have your own social media account, think about the types of photos and information you share. Do you post photos of your child that show details of their school, sporting club or other activities? Take the opportunity to review your own habits and model safe online behaviour.
 3. Get involved—play along with your child to get a feel for how they are managing their online privacy in the gaming world.

Cyberbullying

Fact: 21% of 10 to 14 year olds reported being socially excluded by others online (one form of cyberbullying).



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1. Young people might not tell their parents about cyberbullying. They may be embarrassed or worried you might overreact, restrict access to devices or make things worse if they speak out. Try to respond calmly. Listen first, then act.
2. Be aware—key signs can include being upset after using devices, changes in personality, a decline in school work and appearing lonely and distressed.
 2. Report serious cyberbullying material to the social media service where it happened.

Contact with strangers

Fact: 36% of 10 to 14 year olds said they had talked to strangers online³

1. Help your child understand why it's important to be vigilant about new online 'friends'. Someone who says they are a 12-year-old girl or boy could actually be a 40-year-old man!
2. Encourage your child to tell you or another trusted adult if they feel uncomfortable or worried about online contact with a stranger—there are tools in social media and in online gaming that can help block people.
 2. Work with your child to save examples of the messages in case you want to follow up with the police. Taking screenshots is easy, use the print screen (PrtScrn) button on your computer or the Shift-Command-4 function on a Mac.

You can also use your phone to take a quick photo of their device with the message.

Information taken from:

<https://www.esafety.gov.au/parents/screen-smart-tour>

For more information go to:

<https://www.esafety.gov.au/parents>



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Grade 6 visit to St Patrick's – Buddy Program

On Monday 2nd September Grade 6 travelled by bus to visit our Buddy class at St Patrick's College in Launceston. We left school early, and, after stopping for some recess and a play at Campbelltown, arrived at St Pat's at 11am. Some of our buddies were there to meet us and we were taken into the Chapel where we spent a lot of the day playing games with our buddies and getting to know each other better. We talked about High School and how we were feeling about it which was really good. Our buddies took us in groups to tour their school and it was pretty cool. They have 2 gyms, 2 football fields, soccer fields, tennis courts and a pool. They have drama rooms and theatres, kitchens and hospitality areas and a whole heap of other rooms and areas where they can learn about a lot of different subjects.

We shared pizza, chips, chicken nuggets and fruit for lunch with our buddies. We left St Pat's at 3 o'clock and stopped at McDonalds for an ice cream before starting our trip back to St Paul's. We stopped really quickly for a toilet break at Campbelltown and arrived back at school well and truly ready for bed. It was a long day but we had a great time getting to know our buddies a bit better and seeing where we will be spending some of our time during our Grade 6 camp next term.





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CRAZY HAIR DAY!

Thank you to everyone that participated in our day for Mercy Works and 'Tanks-a-lot'. It was a great day where we saw creativity, colour and most importantly contagious smiles. We managed to raise over our target and have begun our mission to get another tank.

Once again thank you to all, particularly Bianca from Mimosa hair for the very generous prizes!





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St Paul's B5 Program

Join us each Friday during term time
from 9.00am - 10.30am

This is a wonderful opportunity for parents/carers
and children between the ages of 0-5 years to come
& meet new friends, share ideas, learn and PLAY!

Join us each Friday morning for story time, arts and
crafts, exploring our outside environment,
excursions and lots of learning along the way.

No need to book. ALL WELCOME!

Please bring along:
A piece of fruit to share
A gold coin donation is appreciated
Suitable clothing for outside play
A hat & drink bottle

For more information, please
follow our Facebook page:

@stpaulscatholic
schoolcommunity





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What a crazy couple of weeks in Grade 1!!

Crazy Hair day on Wednesday the 28th of August!
Everyone looked fabulous with their crazy hair!



MOUNT WELLINGTON

On Thursday the 29th of August Prep, Grade 1 and 2 went to Mount Wellington as part of our Science unit we have all been learning about. We were lucky enough to get to the top of the mountain and see lots of snow. The students were so excited and had a wonderful time!





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Noah prep "I loved throwing snow balls!"

Maxi Prep "I loved making big foot prints in the snow!"

Arianna Prep "I loved the really cold snow!"

Kaleb Prep "I liked seeing the igloo from the bus"

Phoebe Prep "I liked just playing with the snow"

SALMON PONDS

On Monday the 2nd of September, Grade 1 and 2 went to the Salmon Ponds. The students loved seeing the Salmon jump out of the water when they were being fed. It was a great day and we concluded by having lunch at Tynwald Park.



Adelayde Gr 1 "My favourite thing about the Salmon Ponds were seeing the Eels!"

Blaze-Joel Gr 1 "I loved seeing the fish!"

Bryce Gr 1 "I liked standing on the ledge watching the water!"



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